



Safety and Survival Outdoor Gear Checklist



Summer Day Hikes

The ten essentials:

- Map
- Compass
- Warm clothing: warm jacket, hat & long pants
- Extra food and water
- Flashlight/headlamp
- Matches & firestarter
- First aid & repair kit
- Whistle & signal mirror
- Rain jacket and pants
- Pocket knife

Also consider:

- Sturdy footwear & extra socks
- Trekking poles
- Watch
- Trash bag
- Tarp or space blanket
- Guidebook



Josh Spice photo

- Sunglasses
- Sunscreen
- Bandana
- Headnet/insect repellent
- Gloves/mittens
- Personal medications
- Cord/rope
- Gaiters
- Extra batteries
- GPS
- Camera
- Binoculars

Overnight Trips & Groups

- Large backpack
- Sleeping bag
- Foam pad
- Tent/shelter
- Stove & fuel
- Pot, cup, bowl & spoon
- Food & bear canister
- Water purification
- Toiletries, towel, TP & trowel
- Extra clothing

Winter

- Extra warm clothing
- Insulated parka
- Extra mittens & overmitts
- Balaclava
- Insulated boots
- Snowshoes/skis & ski poles
- Ski wax/climbing skins
- Chemical heat packs

Above Treeline

- Rope
- Belay/rappel device
- Helmet
- Harness
- Boots
- Crampons
- Ice axe
- Ice tools
- Ice screws
- Locking carabiners
- Prusiks
- Face mask
- Goggles
- Insulated sit pad

Avalanche Terrain

- Avalanche transceiver
- Avalanche probe
- Snow shovel

On the Water

- Personal flotation device
- Boat
- Paddles
- Dry bags
- Throw rope
- Water footwear
- Dry suit/spray top & bottoms
- Helmet
- Paddling gloves



Josh Spice photo

Bicycle

- Bike
- Helmet
- Panniers
- Lights
- Bright/reflective jacket
- Lock
- Spare chain links
- Lubricant
- Spare tubes
- Pump
- Pressure gauge
- Multi-tool

Vehicle

- Preventative maintenance
- Full gas tank
- Cell phone & charger
- Warm clothing
- Blankets
- Extra food & water
- Flashlight
- First-aid kit
- Chemical heat packs
- Shovel
- Tool kit
- Jumper cables
- Flares
- Full size spare (inflated)
- Lug wrench
- Bike pump
- Tire plug kit

*For more information, contact the
Fairbanks Alaska Public Lands
Information Center at 907-459-3730.*